

# The 40 "I Am's": Who Does God Say I Am?

Confessing the Forty 'I Am's' each day is more than a habit—it's a transformation. When you declare what God says about you, you'll see yourself through His eyes. So join me in reading, praying, confessing and writing out these 40 'I Am's. Learn to see yourself the way God sees you.

Your past does not define you. Your behavior, failures, struggles, feelings, or circumstances do not define you. You are who God says you are!

1. Did you know God has said you are a chosen race?

"But you are a chosen people, a royal priesthood, a holy nation, God's special possession, that you may declare the praises of him who called you out of darkness into his wonderful light" (1 Peter 2:9).

2. You are a royal priesthood. You are a person who has been redeemed, chosen, and adopted.

"In him we have redemption through his blood, the forgiveness of sins, in accordance with the riches of God's grace" (Ephesians 1:7).

3. You are not a mistake. You are not an afterthought.

"Even before he made the world, God loved us and chose us in Christ to be holy and without fault in his eyes" (Ephesians 1:4, NLT).

4. You are not a liability. You have been created in the very image of God!

"So God created mankind in his own image, in the image of God he created them; male and female he created them" (Genesis 1:27).

When you surrender all of who you are physically and emotionally to God and place your faith in His Son, Jesus Christ, you allow Him to take up residence inside of you through the Holy Spirit. You actually become the temple of the Holy Spirit. God's presence lives on the inside of you. You are not your own. You need to walk in the Holy Spirit and do the things that God has uniquely created you to do, to carry His Presence and reflect His glory to the world around you.

How can you be all God has called and created you to be?

You must renew your mind with the glorious words of who God says you are through scripture.

Read these each day for 40 Days. Study 1 each day with the SOAP method of Bible Study.

Rediscover your true identity. This list anchors you in God's truth in a world that constantly tries to label you. Renew your mind. Replacing negative thoughts and lies with God's truth is transformative. These statements can help shift your mindset and restore confidence.

Strengthen your faith. Meditating on who God says you are builds a solid foundation of trust, allowing you to live with purpose, joy, and peace.

Overcome doubt and fear. These affirmations will remind you of God's promises, empowering you to face challenges with courage and trust in His plan.

Meditate on each statement: Take one statement at a time, reflect on the Scripture behind it, and apply it to your life. Use SOAP (Scripture, Observation, Application, Prayer) notes to dive deeper into the meaning.

Speak them over your life: There is power in speaking God's truth aloud. Declare these affirmations daily to remind yourself of who you are in Christ.

Journal about your journey: As you reflect on these statements, write down your thoughts, prayers, and any insights that God reveals to you. Journaling will help you internalize these truths and apply them to your life. Use a notebook or our printable journal.

Pray through the list: Use each statement as a basis for prayer, asking God to help you believe and live out these truths daily.

Please share them with others: Encourage friends and family by sharing these affirmations. The truth of who God says we are is a message everyone needs to hear.

#### 40 Bible verses about who God says I am

Here are the 40 I Am statements with scriptures, a brief reflection, and a short prayer for each:

1. I AM created in God's image (Genesis 1:27).

Reflection: You are a reflection of God's creative beauty and His nature.

Prayer: Lord, help me embrace the truth that I am created in Your image, and let my life reflect Your glory.

2. I AM fearfully and wonderfully made (Psalm 139:14).

Reflection: You are crafted with care; every part of you has meaning and purpose.

Prayer: Thank You, God, for making me wonderfully. Help me see myself the way You see me.

3. I AM a child of God (John 1:12).

Reflection: You are a beloved member of God's family through faith.

Prayer: Father, remind me daily that I am Your child, loved and cherished beyond measure.

4. I AM loved unconditionally (Romans 8:38-39).

Reflection: Nothing can ever separate you from the love of God.

Prayer: Lord, thank You for Your unfailing love. Help me trust in it, even when I feel unworthy.

5. I AM chosen (1 Peter 2:9).

Reflection: God handpicked you for a special purpose and a divine calling.

Prayer: Father, thank You for choosing me. Let me live a life worthy of Your calling.

6. I AM a new creation (2 Corinthians 5:17).

Reflection: In Christ, your past is erased, and you have a fresh, new identity.

Prayer: Jesus, thank You for making me new. Help me walk in the freedom of my new identity.

7. I AM God's masterpiece (Ephesians 2:10).

Reflection: You are God's handiwork, created with intention and purpose.

Prayer: Lord, let me see myself as Your masterpiece, designed to reflect Your love and grace.

8. I AM a temple of the Hbly Spirit (1 Corinthians 6:19-20).

Reflection: God dwells within you, making your life a sacred place.

Prayer: Hbly Spirit, guide me and help me honor Your presence in every aspect of my life.

9. I AM forgiven (Ephesians 1:7).

Reflection: Through Christ's sacrifice, all your sins are wiped away.

Prayer: Thank You, Lord, for the forgiveness that washes away my sin. Help me live in this freedom.

10. I AM redeemed (Colossians 1:13-14).

Reflection: You have been rescued from darkness and brought into God's kingdom.

Prayer: Jesus, I praise You for redeeming me. Help me walk in the light of Your kingdom.

11. I AM justified (Romans 5:1).

Reflection: You are declared righteous before God, not by your works, but by faith in Christ.

Prayer: Thank You, God, for justifying me. Help me trust in Your righteousness, not my own.

12. I AM sanctified (1 Corinthians 6:11).

Reflection: You are set apart and made holy for God's purpose.

Prayer: Lord, sanctify my heart and make me holy so that I may live for You.

13. I AM more than a conqueror (Romans 8:37).

Reflection: In Christ, you have victory over every challenge and hardship.

Prayer: Father, remind me that I am more than a conqueror through Your love, no matter what I face.

14. I AM a co-heir with Christ (Romans 8:17).

Reflection: As a child of God, you share in Christ's inheritance and glory.

Prayer: Jesus, thank You for making me a co-heir. Help me live in the hope of this eternal inheritance.

15. I AM the salt of the earth (Matthew 5:13).

Reflection: You bring God's flavor and preservation to a needy world.

Prayer: Lord, let me be salt in this world, spreading Your love and preserving Your truth.

16. I AM the light of the world (Matthew 5:14).

Reflection: You shine with the light of Christ, illuminating the darkness around you.

Prayer: Father, let Your light shine through me, guiding others to You.

17. I AM a citizen of heaven (Philippians 3:20).

Reflection: Your true home is with God, and your life is rooted in eternity.

Prayer: Lord, help me live as a citizen of heaven with my eyes fixed on eternal things.

18. I AM seated with Christ in heavenly places (Ephesians 2:6).

Reflection: Spiritually, you share in Christ's victory and authority.

Prayer: Jesus, thank You for seating me with You. Help me walk in the authority You've given me.

19. I AM free from condemnation (Romans 8:1).

Reflection: No guilt or condemnation exists for those who belong to Christ.

Prayer: Father, thank You for freeing me from condemnation. Let me live in the grace You provide.

20. I AM a friend of God (John 15:15).

Reflection: God no longer calls you a servant but a friend, sharing His heart with you.

Prayer: Thank You, Lord, for calling me Your friend. Let me cherish and deepen this relationship.

21. I AM God's workmanship (Ephesians 2:10).

Reflection: You are God's unique creation, designed for good works.

Prayer: Lord, let the works of my hands glorify You as I live out the purpose You've created me for.

22. I AM God's ambassador (2 Corinthians 5:20).

Reflection: You represent Christ to the world, reflecting His love and truth.

Prayer: Father, help me to represent You well by sharing Your message of reconciliation with others.

23. I AM God's field and building (1 Corinthians 3:9).

Reflection: Your life is fertile ground for God's growth and a structure for His glory.

Prayer: Lord, build me up as Your temple, and let me bear fruit for Your kingdom.

24. I AM a royal priesthood (1 Peter 2:9).

Reflection: You are called to offer spiritual sacrifices and declare God's praises.

Prayer: Father, thank You for making me part of Your royal priesthood. Help me live in worship and service to You.

25. I AM part of God's family (Ephesians 2:19).

Reflection: You belong to the household of God, with brothers and sisters in Christ.

Prayer: Thank You, Lord, for making me part of Your family. Let me love and support my spiritual family.

26. I AM strong in the Lord (Ephesians 6:10).

Reflection: Your strength comes from God, not from yourself.

Prayer: Father, I rely on Your strength. Empower me to stand firm in the battles I face.

27. I AM an overcomer by the blood of the Lamb (Revelation 12:11).

Reflection: Through Jesus' sacrifice, you've been given victory over sin and death. His blood not only covers your mistakes but conquers every obstacle and fear. No matter the challenge, you have the strength and authority to overcome through Him.

Prayer: Lord, I thank You for my victory in Christ. Help me to live confidently as an overcomer, reflecting Your triumph in every aspect of my life. Amen.

28. I AM fearlessly and wonderfully bold in Christ (2 Corinthians 3:12).

Reflection: You can be bold and courageous because of your hope in Christ.

Prayer: Jesus, give me the boldness to live out my faith and share Your truth with others.

29. I AM blessed with every spiritual blessing (Ephesians 1:3).

Reflection: God has already blessed you with all you need in Christ.

Prayer: Thank You, Lord, for blessing me abundantly. Help me use these blessings to glorify You.

30. I AM holy and blameless before God (Ephesians 1:4).

Reflection: In Christ, you are holy and without fault in God's eyes.

Prayer: Father, thank You for seeing me as holy and blameless. Help me walk in this truth daily.

31. I AM sealed by the Holy Spirit (Ephesians 1:13).

Reflection: God has placed His mark on you, guaranteeing your salvation.

Prayer: Holy Spirit, thank You for sealing me in Christ. Let me live with confidence in my eternal security.

32. I AM complete in Christ (Colossians 2:10).

Reflection: In Jesus, you lack nothing. He makes you whole.

Prayer: Lord, thank You for making me complete in You. Help me rely on You and not seek fulfillment elsewhere.

33. I AM called to bear fruit (John 15:16).

Reflection: Your life is meant to produce good works that reflect God's love and truth.

Prayer: Father, help me to bear fruit that lasts, and let my life bring glory to Your name.

34. I AM free in Christ (Galatians 5:1).

Reflection: In Christ, you have been liberated from the chains of sin and the weight of the law, empowered to live in true freedom.

Prayer: Lord, help me embrace the freedom You've given me and guard me from returning to any form of bondage.

35. I AM hidden with Christ in God (Colossians 3:3).

Reflection: Your life is secure in Christ, shielded by His love and protection.

Prayer: Father, help me rest in the knowledge that my life is hidden in You, safe and secure.

36. I AM a member of the body of Christ (1 Corinthians 12:27).

Reflection: You are a vital part of the church, working together with others for God's purpose.

Prayer: Lord, help me function as an active member of Your body, serving others and glorifying You.

37. I AM a living stone in God's spiritual house (1 Peter 2:5).

Reflection: You are being built into a spiritual house, a dwelling place for God's presence.

Prayer: Father, thank You for making me a living stone in Your house. Help me offer my life as a spiritual sacrifice to You.

38. I AM raised up with Christ (Colossians 3:1).

Reflection: You share in Christ's resurrection with your heart set on things above.

Prayer: Lord, help me live with my heart set on eternal things, knowing I am raised with Christ.

39. I AM God's possession (Titus 2:14).

Reflection: You belong to God, purchased by the precious blood of Christ.

Prayer: Jesus, thank You for redeeming me and making me Your treasured possession. Help me live as one who belongs to You.

40. I AM victorious through faith (1 John 5:4).

Reflection: Your faith in Christ gives you victory over the world and its struggles.

Prayer: Father, help me walk in victory, knowing that through my faith, I can overcome every challenge.

## Conclusion

This list of 40 "I Am" statements is more than just information—it's a powerful tool to reshape how you see yourself and live. God's truth is life-changing, and as you meditate on and declare these affirmations, you'll discover a deeper sense of purpose, peace, and confidence in your identity as a beloved child of God.